



# Age-friendly Middlesbrough Charter 2021/2024

An Age-friendly Charter reinforces the existing rights of all older people to live in an Age-friendly place, it defines the values and aspirations as told by older community members and how together as service providers, we can work together to improve the ways in which people in our community can live longer, healthier and happier lives.

The Charter is a statement of commitment by participating organisations all working together towards achieving Age-friendly Status.

Middlesbrough has a diverse population, and the Age-friendly Middlesbrough Charter will recognise the diversity of older people, including gender, ethnicity, sexual orientation, religion and disability.

Below are a set of agreed principles or standards that will lead to a more supportive and inclusive community for older people in Middlesbrough. We encourage all major organisations across Middlesbrough to adopt it and it will be embedded through informed action.

## Age-friendly principles

- 1** Older people in Middlesbrough have access to all available forms of transport and are confident in travelling and getting around Middlesbrough.
- 2** Older people in Middlesbrough have accommodation that meets their needs.
- 3** Older people in Middlesbrough feel heard and have a say in decision making on things that affect their lives.
- 4** Older people in Middlesbrough can access the work and volunteering opportunities that they want.
- 5** Older people in Middlesbrough can access available activities when and where they want.
- 6** Older people in Middlesbrough can access outdoor spaces and buildings that meet their needs.
- 7** Older people in Middlesbrough are connected to their local community; they are respected and included in society.
- 8** Older people in Middlesbrough are able to stay connected and can access relevant information that they require.
- 9** Older people in Middlesbrough have access to appropriate health, social care and wellbeing services.

Below is a set of questions that will be asked of organisations who are pledging their support to developing Age-friendly communities.

## Making a Pledge

### 1 What you are pledging to do.

Your pledge should be something you can realistically achieve and is measurable in some way.

### 2 When will you do it?

Setting a target date greatly improves the chances of your pledge becoming a reality

### 3 Who will be responsible for making it happen?

### 4 Where will you do it?

### 5 How will it make Middlesbrough more Age-friendly?



To find out more about Age-friendly and to make a pledge go to

[www.middlesbrough.gov.uk/age-friendly-middlesbrough-charter](http://www.middlesbrough.gov.uk/age-friendly-middlesbrough-charter)